

# GOC 2016 SCHEDULE OF EVENTS



~All Activities will Occur or Begin in the Main Circle~

## Wednesday, August 3<sup>rd</sup>

- 1:00pm**      **Sweat Lodges Setup**
- 3:00pm**      **Set Up Large Group Canopy**
- 4-5:30pm**    **Welcome Tent Open:** Register, Pick up T-shirts, Buy Raffle Tickets, Get Workshop Guide
- 6:00pm**      **Opening Circles:**
- Smudging:** You will be smudged (cleansed and blessed) with sage and sweet grass to prepare for a weekend of ceremony.
- Blessing from Grandmother Flordemayo**
- Oneness Blessing:** Led by Karen McGinnis and other Blessing Givers
- Pipe Ceremony and Explanation:** Led by Brett Messer. Brett was passed the GOC Pipe from Pamela Lightsong Scheler in Odessa TX in 2009. Brett is now the Pipe Carrier for the Rainbow Bridge Clan. He creates sacred space through ceremony. He will be assisted by other pipe carriers, as is our tradition to open the weekend ceremonies in this way.
- Introductions and Orientation:** Led by Brett Messer

## Thursday, August 4<sup>th</sup>

- 8-9:00am**    **Introductions and Announcements for new arrivals**
- 9-11:00am**   **Guest Speaker: Grandmother Flordemayo**
- 12-2:00pm**   **Lunch Break**
- 2-4:00pm**    **Workshop with Grandmother Flordemayo**
- 4-5:00pm**    **Conversation with Special Guests**
- 5-6:00pm**    **Children's Sweat Lodge:** led by Shawna Mitchell
- 6-8:00pm**    **Supper**
- 8:00pm**      **Men's and Women's Sweat Lodges:** Lodge Coordinator - Steve Lake

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## Friday, August 5<sup>th</sup>

- 7:30am Morning Meditation with Bob and Wanda Wade**
- 9-10:45am Workshops (meet your workshop leader(s) in Main Circle):**  
**Mike Andrews and Joyce Anastasia:** *Beyond Unconditional Love*  
**Bob Wade and Larry Bell:** *Aikido and Tai Chi, Two Paths, One Truth*  
**Cesar Rosatto:** *Indigenous Knowledge and Story Telling*
- 11-12:45pm Workshops (meet your workshop leader(s) in Main Circle):**  
**Brett Messer and Natalie Benningfield:** *Holistic Health Experiential Workshop*  
**Kathy TwoHawks:** *Learning more about wild crafting herbs*  
**Patsy Malin:** *Change for a New Self - Changing the Habit of Being Yourself*
- 1-2:00pm Pancake Brunch**
- 2-5:00pm Time for Visiting and Preparation for Dance**
- 7-11:00pm Sweet Medicine Dance:** Time to dance your dance of life and find your own Sweet Medicine. Gather for the processional, which will enter the dance circle from the four cardinal directions. Choose your direction or... let it choose you. Trust in Spirit to guide you this night to find what your soul needs. Dress your best, paint your face, wear your mask... or not, find your center and dance your best.
- 11:00pm Co-Ed Sweat Lodge:** Lodge Coordinator – Steve Lake

## Saturday, August 6<sup>th</sup>

- 7:30am Morning Meditation with Bob and Wanda Wade**
- 9:00am Raffle:** Led by Shawna Mitchell
- 11:00am Talking Stick & Giveaway:** Led by Kathy TwoHawks. Bring a gift wrapped in a paper bag for the “give-a-way.” This should be something of significance (meaningful) to you, which you now want to relinquish your attachment to, and pass on to a new keeper. The size or monetary value of this item is irrelevant but the more significant to you the better. It may be symbolic of something of yourself, which you have or wish to let loose of so that your “hands” are freed up for your present pursuits. Listen to your heart in deciding what to “give-a-way” at this time.
- TBD Closing Pipe Ceremony**
- 4:00pm Feast:** Hosted by June Baldwin. Bring “pot luck” dish and share the fellowship at the Main Circle! Please stay as long as you can to help take down the sweat lodges and police the campsites. Cleaning is a key part of the overall GOC experience. 😊
- 6:00pm Take down Canopy**
- 8:00pm Drumming:** Led by Cathy Martin and Pete Phillips

## Sunday, August 7<sup>th</sup>

### Packing and Goodbyes

**Please leave your camp area in its beautifully natural state. Please see one of the coordinators if you lack adequate number of trash bags to complete your clean-up tasks.**