### Registration

Space is limited to 12 Questors. Ideally, there should be at least one Supporter for each Questor, but the number of Supporters is not limited. If you decide you want to participate in a Vision Quest as a Questor or a Supporter, please notify:

Cliff Winter Fox Buchanan 432-550-3302 1404 Castle Road, Odessa, TX 79762 email: <u>Cliff@ISISoftware.net</u> or Mike Two Bears Andrews 575-776-0001 P.O. Box 577 Arroyo Seco, NM 87514 email: <u>7laughs@newmex.com</u> You may also register online. Registration for these Vision Quests is processed through the Gathering of Circles (GOC)

www.gatheringofcircles.com/rsvp\_vq\_ attendance.htm. If you are new to the Gathering of Circles, you also should register at www.gatheringofcircles.com/register. htm.

### **Donations**

We suggest donations of \$400 for Questors and \$200 for Supporters. No one is turned away for lack of funds. Special arrangements may be made by contacting Two Bears. All meals provided for Supporters and Questors when they are in camp. Specific information

## **Further Info**

www.gatheringofcircles.com/vision quest.htm; Bear Heart's book "The Wind Is My Mother"; and Bear Heart's website www.BearHeart.info. Two Bears and Winter Fox are willing to answer any questions you may have about Vision Questing. Cliff Winter Fox Buchanan 1404 Castle Road Odessa, Texas 79762 <section-header><section-header><section-header>

Transítíons, Healíng

Endíngs,

Two Bears and Bear Heart

## June 3—7, 2009 Sept 9— 13, 2009 Cloudcroft, NM

Sponsor: Mike Two Bears Andrews



New Beginnings



Mike "Two Bears" Andrews

& Cliff "Winter Fox" Buchanan

Why a Vision Quest?

If you feel that you are at a crossroads in your life or if you have questions about the intent and purpose for your life, then you may benefit from a Vision Quest. Questions a Vision Quest may help you answer include: What is my life's purpose? What is my gift? What are my special talents and how can I manifest them? What am I supposed to be bringing to the World to make it better? A Vision Quest is a gift of time you give to yourself ~ time to pray about these and other questions you are facing and to quest for a vision that will provide direction for your life.

This Vision Quest is in Marcellus "Bear Heart" Williams' tradition. Bear Heart (1918-2008) was an internationally known Muskogee Creek elder born in Oklahoma. He was the author of "The Wind Is My Mother: The Life and Teachings of a Native American Shaman". Mike "Two Bears" Andrews and Cliff "Winter Fox" Buchanan are the organizers for this Vision Quest. They were authorized to Sponsor and Lead Vision Ouests by Bear Heart in his tradition in 2004, and have organized/Sponsored/Led many Vision Quests. Two Bears will send people out on their Vision Quest. Upon their return, he will help them interpret and understand their visions and experiences, and will give them their new Vision **Ouest name.** 



#### **Questors and Supporters**

As a Questor, you will be alone in the wilderness for up to three nights (up to four days) without food or water. There you will experience Mother Nature...sometimes hot, sometimes cold, sometimes dry, sometimes wet...always ever changing, but you will always be receiving the blessings of Mother Nature. You will be open to the skies day and night, with your only shelter a blanket and possibly a tarp if it rains. You might ask,

"Why would I put myself through that?" The answer is, "To Cry for a Vision!"; to seek answers to questions regarding the direction of your life, to seek and find yourself in your Creator. You will learn that those before you who have chosen this experience are profoundly glad they did. This process may change your life—it may alter your direction, or give you new eyes to look at your life, your work, and your relationships. You will learn about your physical body, your mind, and your emotions. You will learn to face your fears and overcome them. Although you will be alone on "the mountain", many Questors learn the true meaning of "community" during their Vision Quest.

Each Questor will choose a supporter. Perhaps it will be someone you have known for a long time, and you may even make the drive together. Or perhaps it will be someone you just met after you arrive at the site. It could be a man or a woman. Interestingly, the Creator makes sure that the Questor picks the perfect supporter for him or her at that time. Once the person accepts the invitation to be your Supporter, the responsibility for your well-being lies in his or her hands. As a Supporter, do not accept this task lightly. A Supporter goes to the Questor's site daily to check on them without making direct contact or even allowing your presence known. The Questor's work must not be interrupted. The bond between Questor/Supporter connects the two of them for the duration of the Vision Quest, and often far beyond.

A fire is started when the Vision Quest is begun and is extinguished only after the last Questor has returned. Supporters, and Questors who complete their quest before the end of the Vision Quest, take turns tending the fire throughout the night, praying constantly to keep each Questor safe from all harm. Seeing Questors return from "the mountain" and learning about their profound experiences may influence Supporters to "sit on the mountain" as a Questor in the future.

Bear Heart September 9, 2004

**Cloudcroft**, NM



#### PLAN TO ARRIVE BY NOON ON WEDNESDAY

Father Sky

DIRECTIONS: At Cloudcroft, NM, take Hwy 130 South & go 1.2 miles. Turn left at Sleepy Grass Campground & go 0.7 miles. Turn right on 5661 & go 3.9 miles. Look for 5661 marker on right and forked tree on left just before left turn at marker. Turn left again immediately (about 40 ft) and follow road. Signs will be posted.

# Mother Earth