



Regina WaterSpirit



Grandfather Bear Heart

## **September in Washington, DC**

In honor of opening of National Museum of the American Indian  
with beloved

### **GRANDFATHER BEAR HEART**

Muskogee Nation-Creek Tribe

86 year old multi-tribal spiritual leader, author of [THE WIND IS MY MOTHER](#)

### ***Saturday, September 18, 2004***

Bear Heart and Regina WaterSpirit arrive in DC.

### ***Sunday, September 19, 2004***

Sometime between 10:00 a.m. and 3:00 p.m Bear Heart will participate in day two of the 12<sup>th</sup> Annual Prayer Vigil for the Earth in Washington, DC at West Potomac Park (North of the FDR Memorial and South of the Lincoln Memorial Along Ohio Drive – adjacent to the Potomac River).

***Monday, September 20, 2004,***

**Potluck Dinner Honoring Grandfather Bear Heart**

**4p.m.-10p.m.**

**At the Burgundy Community Center – See Pot Luck Dinner Flyer at the end of this Schedule.**

**Flutist Jeff Ball will honor Grandfather with Flute music and song.**

**There will be a Raffle of a native item. All proceeds from raffle will be gifted to Grandfather Bear Heart.**

**Winner need not be present.**

**10p.m. Clean up/11:00 p.m. Vacate Community Center**

**Special note: Bear Heart will be present at the dinner from 4p.m. to 7:30p.m. (maybe longer but get there early!)**

***Tuesday, September 21, 2004***

**Grand opening of the museum.**

**9:30a.m. - Official Procession of Nations, Organizations and Independents**

**12:00 noon - 1:00 p.m. - The Grand Opening Ceremony**

**1:00 p.m. Social Dance on the Mall in front of the Castle and Carousel - Bear Heart will be processing with his nation and then participating in the social dance on the Mall.**

**Location: Outside on “the Mall” refers to the grassy area that lies between Capital and the Washington Monument**

***Wednesday, September 22, 2004***

**Bear Heart and Regina will be touring the National Museum of the American Indian at 10:15 a.m.**

**(Please note you must obtain timed entry passes to the museum in advance. Please see information at the end of the Schedule as to how to obtain tickets.)**

***Wednesday, September 22, 2004***

NMAI

**Bear Heart and Regina have sent in their R.S.V.P. to attend the Private Charter Member Reception 7:00p.m. to 9:30 p.m. (We are awaiting confirmation of attendance).**

If you are a charter member of the museum you will be receiving this invitation in the mail or have already received it and you must reply send it back a.s.a.p. as it notes that space is limited.

***Thursday, September 23, 2004***

**Private Sessions** by appointment only. Please contact Sunny at [gcwcarla@aol.com](mailto:gcwcarla@aol.com) to set up appointment.

**Grandfather Bear Heart** - request donation--please verify with Regina or Sunny when making appointment.

**Regina WaterSpirit** - request donation--please verify with Regina or Sunny when making appointment. Regina WaterSpirit is one of Grandfather's medicine helpers. She is a master teacher of Voice Dialogue/Awareness of Inner Selves, Creating Real Choice. Her energies are used to support the teachings of these sacred ways and to provide supplemental support for Bear Heart and his grandchildren. For more information on Voice Dialogue, see... [delos\\_inc.com](http://delos_inc.com)

You may speak directly with Regina at [reginaws@yahoo.com](mailto:reginaws@yahoo.com) or confirm an appointment with Sunny by e-mail. [Gcwcarla@aol.com](mailto:Gcwcarla@aol.com)

**Location information will be given when you make your appointment.**

**Thursday Evening – September 23, 2004 – we have tentatively planned to take Bear Heart and Regina out to dinner. Friends are welcome to attend. If you have an interest in doing this, please contact Sunny at [gcwcarla@aol.com](mailto:gcwcarla@aol.com) to reserve your space. A restaurant will be decided on in the metropolitan Washington, DC area as we get closer to the event. Limited seating!**

**Location to be announced**

**Friday, September 24, 2004**

Four Private Sessions with Bear Heart are available. Please contact Sunny at [gcwcarla@aol.com](mailto:gcwcarla@aol.com) for confirmation of appointment. Regina WaterSpirit has two openings for Voice Dialogue /Awareness of Inner Selves Coaching. You may speak directly with her at [reginaws@yahoo.com](mailto:reginaws@yahoo.com) or confirm an appointment with Sunny by e-mail.

**Location information will be given when you make your appointment.**

**SPECIAL NOTES:**

**-Contact Person - Granddaughter, Sunny Drew by email [gcwcarla@aol.com](mailto:gcwcarla@aol.com) or at her home at (703) 960-9859.**

**TUESDAY, SEPTEMBER 21, 2004 – GRAND OPENING DAY** – You can expect to arrive in DC at dawn The official procession will not begin until 9:30 a.m. or shortly thereafter, as we must wait for rush-hour to end, as the roads cannot be closed until after rush hour. **For those walking in procession, you will also have to register with NMAI for the procession and I will also give you the website to do that. It is free, but they will send you a confirmation card, so when you register indicate you will be in procession with your nation or as an independent and indicate that on the card. The website specifically for the Native Nations Procession at NMAI is [Procession@nmai.si.edu](mailto:Procession@nmai.si.edu). Or you can call 1-877-830-3224 or (301)238-3023. The official website for NMAI (National Museum of the American Indian for more info and will tell you of all events is [www.AmericanIndian.si.edu](http://www.AmericanIndian.si.edu).**

See Below for Pot Luck Dinner Info

**POT LUCK DINNER CELEBRATION WITH BEAR  
HEART(\*)**

**MONDAY, SEPTEMBER 20, 2004, beginning at  
4:00 p.m.**

**AT THE BURGUNDY COMMUNITY CENTER  
5516 Norton Rd., Alexandria, Virginia 22303  
Community Center Pay Phone (703) 960-9781**

(For those who do not know Bear Heart (he is our adopted GF)--we have provided a bio after directions--he will be staying w/Mercedes Osbourne during NMAI opening week--Jeff Ball will be honoring Bear Heart with song--please come join us in celebration of NMAI and honoring our elder!):

**PLEASE, CONFIRM YOUR ATTENDANCE AND WHAT  
ITEM(S) YOU WILL BE BRINGING IN SUPPORT OF THE  
POT LUCK.** We need to do this for purposes of coordinating potluck--(also attendance, restriction on number of people allowed in center bldg)---CONTACT Sunny (a.k.a.Carla) by e-mail: GCWCarla@aol.com or phone: Home (703) 960-9859 or Carol LaVallee at Home (703) 491-2557. Volunteers who would like to assist with the setup of the Pot Luck to begin at 1:00 p.m. **REMEMBER ELMWOOD DRIVE STREET PARKING ONLY UNTIL AFTER 4:00 P.M.**

**FROM MARYLAND OR POINTS NORTH:**

TAKE 495 SOUTH TO RICHMOND CROSS THE WOODROW WILSON BRIDGE  
TAKE EXIT 176A TELEGRAPH ROAD SOUTH  
(THE EXIT WILL FORK STAY TO THE LEFT OF THE FORK)  
COME OFF THE EXIT AND REMAIN IN THE RIGHT LANE GO THROUGH TRAFFIC LIGHT  
TAKE A RIGHT AT THE SECOND LIGHT (BETWEEN THE BOARDED UP 7-11 AND THE BOARDED UP EXXON STATION WHICH ARE BEING PREPARED FOR DEMOLITION – PEARL CRAFT STORE IS ACROSS THE STREET TO THE LEFT)  
TAKE FIRST RIGHT ONTO EAST DRIVE WHICH TURNS INTO ELMWOOD DRIVE  
CONTINUE ON ELMWOOD DRIVE, THROUGH ONE STOP SIGN

MAKE A RIGHT A SECOND STOP SIGN (NORTON RD.) COMMUNITY CENTER IS DIRECTLY IN FRONT OF YOU – PARK IN CARMERON ELEMENTARY SCHOOL PARKING LOT **ONLY IF AFTER 4:00 P.M. WHEN SCHOOL IS OUT AND BUSES HAVE LEFT WITH STUDENTS FOR THE DAY. IF YOU ARRIVE BEFORE 4:00 P.M. YOU WILL NEED TO PARK ON ELMWOOD DRIVE AND WALK THE SHORT BLOCK TO THE COMMUNITY CENTER.**

**FROM VIRGINIA OR POINTS SOUTH:**

TAKE 495 NORTH TO BALTIMORE  
TAKE EXIT 176A TELEGRAPH ROAD SOUTH  
STAY IN RIGHT LANE COMING OFF EXIT  
MAKE A RIGHT AT LIGHT AT THE END OF EXIT ONTO TELEGRAPH ROAD  
TAKE A RIGHT AT THE FIRST LIGHT (BETWEEN THE BOARDED UP 7-11 AND THE BOARDED UP EXXON STATION WHICH ARE BEING PREPARED FOR DEMOLITION – PEARL CRAFT STORE IS ACROSS THE STREET TO THE LEFT)  
RIGHT ONTO EAST DRIVE WHICH TURNS INTO ELMWOOD DRIVE  
CONTINUE ON ELMWOOD DRIVE, THROUGH ONE STOP SIGN  
TURN RIGHT AT SECOND STOP SIGN (NORTON RD.)  
COMMUNITY CENTER IS DIRECTLY IN FRONT OF YOU – PARK IN CARMERON ELEMENTARY SCHOOL PARKING LOT **ONLY IF AFTER 4:00 P.M. WHEN SCHOOL IS OUT AND BUSES HAVE LEFT WITH STUDENTS FOR THE DAY. IF YOU ARRIVE BEFORE 4:00 P.M. YOU WILL NEED TO PARK ON ELMWOOD DRIVE AND WALK THE SHORT BLOCK TO THE COMMUNITY CENTER.**

(\*) Bio Info : Marcellus Bear Heart Williams

Marcellus Williams,86,is a multi-tribal spiritual leader of the Muskogee Nation-Creek Tribe.

He is the author of The Wind Is My Mother, Random House, which is now published in 14 languages. One of the last traditionally trained "medicine persons", Bear Heart, who speaks in 13 native languages, is also an American Baptist Minister and holds an honorary Ph.D in humanities. He served for 7 years as a member of the advisory board for the Institute of Public Health-Native American and Alaskan Natives at Johns Hopkin's School of Medicine.

Bear Heart was born in Okemah, Oklahoma April 13th 1918. He is a graduate of Oklahoma City College and Bacone College, an all Indian College Past Director of Cultural Retention Program for Oklahoma

Indian Affairs Commission for 20 years  
Keynote speaker for Indian Public Health Service and US Forest Service-Employee Development  
Prayed in the White House with President Harry S. Truman  
Ancestors: Trail of Tears..Georgia, Alabama- marched to Oklahoma.  
His Great-Grandmother died on that trail.  
He represented Native American medicine people at the World Shamanistic Conference in Austria 1985. He was the keynote speaker at the World Shamanism Conference in Garmish, Germany 2000.  
He was called to be one of the spiritual counselors for the firemen and their families after the Oklahoma City tragedy. He put down prayers with the Fire Departments at Ground Zero in Nov. 2001.  
Bear Heart served on President Bush's Faith Based Initiative panel for the US Dept of Health 's WHEN TERROR STRIKES conference in NYC- 2001.  
Bear Heart is also an Honorary Member of the Hawaiian Kahuna Society